



SIVILOMBUDSMANNEN

Norwegian Parliamentary Ombudsman
National Preventive Mechanism

All children and young people must be treated well when staying in an institution



We will visit this institution and would like to hear what it is like to stay here.

To make sure we get the correct impression, we do not give advance notice of our visits. When we are here, we would like to talk to you.



Do you want to help us?

You know best how conditions here can be improved and whether you think anything is unfair. Your experience can help others and those who will stay here after you.

We want to find out whether:

- Your rights are respected
- You are given good information
- Force is used against you
- You are being mistreated
- The staff here respect laws and regulations

**Read more at:
sivilombudsmannen-ung.no
or in our brochure.**